JUNE | 2021



SUMMER MEALS at HMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	BLUEBERRY MUFFIN – 2 OZ	2 MINI POWDERED DONUTS	3 LUCKY CHARMS - 1 OZ	POPTART – 1 EA
	100% FRUIT JUICE – 4 OZ	PEACHES - ½ CUP	BANANA - 1 EA	APPLE – ½ CUP
	MILK – 8 OZ	MILK - 8 OZ	MILK - 8 OZ	MILK – 8 OZ
	BOSCO STICK – 2 EA	MINI CORN DOGS – 6 EA	HAM & CHEESE SANDWICH	CHICKEN SANDWICH
	MARINARA CUP – 2.5 OZ	GREEN BEANS – ½ CUP	APPLESAUCE – ½ CUP	100% FRUIT JUICE – 4 OZ
	ORANGE SLICES – ½ CUP	PEAR – 1 EA	CARROTS – ½ CUP	GRAPE TOMATOES – ½ CUP
	MILK – 8 oz	MILK – 8 OZ	MILK – 8 OZ	MILK – 8 OZ
7 BLUEBERRY MUFFIN – 2 OZ	8 MINI POWDERED DONUTS	9 LUCKY CHARMS - 1 OZ	POPTART – 1 EA	11
100% FRUIT JUICE – 4 OZ	PEACHES - ½ CUP	BANANA – 1 EA	APPLE – ½ CUP	
MILK – 8 OZ	MILK - 8 OZ	MILK – 8 OZ	MILK – 8 OZ	
BOSCO STICK – 2 EA	MINI CORN DOGS – 6 EA	HAM & CHEESE SANDWICH	CHICKEN SANDWICH	NO MEAL SERVICE
MARINARA CUP – 2.5 OZ	GREEN BEANS – ½ CUP	APPLESAUCE – ½ CUP	100% FRUIT JUICE – 4 OZ	
ORANGE – ½ CUP	PEAR – 1 EA	CARROTS – ½ CUP	GRAPE TOMATOES – ½ CUP	
MILK – 8 OZ	MILK – 8 OZ	MILK – 8 OZ	MILK – 8 OZ	
14 BLUEBERRY MUFFIN – 2 OZ	15 MINI POWDERED DONUTS	16 LUCKY CHARMS - 1 OZ	POPTART – 1 EA	18
100% FRUIT JUICE – 4 OZ	PEACHES – ½ CUP	BANANA – 1 EA	APPLE – ½ CUP	
MILK – 8 OZ	MILK – 8 OZ	MILK – 8 OZ	MILK – 8 OZ	
BOSCO STICK – 2 EA	MINI CORN DOGS – 6 EA	HAM & CHEESE SANDWICH	CHICKEN SANDWICH	NO MEAL SERVICE
MARINARA CUP – 2.5 OZ	GREEN BEANS – ½ CUP	APPLESAUCE – ½ CUP	100% FRUIT JUICE – 4 OZ	
ORANGE – ½ CUP	PEAR – 1 EA	CARROTS – ½ CUP	GRAPE TOMATOES – ½ CUP	
MILK – 8 OZ	MILK – 8 OZ	MILK – 8 OZ	MILK – 8 OZ	
21 BLUEBERRY MUFFIN – 2 OZ	22 MINI POWDERED DONUTS	23 LUCKY CHARMS - 1 OZ	POPTART – 1 EA	25
100% FRUIT JUICE – 4 OZ	PEACHES – ½ CUP	BANANA – 1 EA	APPLE – ½ CUP	
MILK – 8 OZ	MILK – 8 OZ	MILK – 8 OZ	MILK – 8 OZ	
BOSCO STICK – 2 EA	MINI CORN DOGS – 6 EA	HAM & CHEESE SANDWICH	CHICKEN SANDWICH	NO MEAL SERVICE
MARINARA CUP – 2.5 OZ	GREEN BEANS – ½ CUP	APPLESAUCE – ½ CUP	100% FRUIT JUICE – 4 OZ	
ORANGE – ½ CUP	PEAR – 1 EA	CARROTS – ½ CUP	GRAPE TOMATOES – ½ CUP	
MILK – 8 OZ	MILK – 8 OZ	MILK – 8 OZ	MILK – 8 OZ	
28 BLUEBERRY MUFFIN – 2 OZ 100% FRUIT JUICE – 4 OZ MILK – 8 OZ	29 MINI POWDERED DONUTS PEACHES – ½ CUP MILK – 8 OZ	30 LUCKY CHARMS - 1 OZ BANANA – 1 EA MILK – 8 OZ	1	2
BOSCO STICK – 2 EA MARINARA CUP – 2.5 OZ ORANGE – ½ CUP MILK -8 OZ	MINI CORN DOGS – 6 EA GREEN BEANS – ½ CUP PEAR – 1 EA MILK – 8 OZ	HAM & CHEESE SANDWICH APPLESAUCE – ½ CUP CARROTS – ½ CUP MILK – 8 OZ		

FREE CURBSIDE

MEALS FOR

CHILDREN UNDER

18 YEARS OLD!!

Meals Served
June 1st – June 30th

Please remember:

Meals are meant for children's consumption.

Please only pick up meals at one location.

IMPORTANT: Please remember to store all uneaten food in the safe temperature zone!

A Sack Lunch and Milk will also be given out on Thursdays for Friday lunch since there is no meal service on Fridays.